

Written by
Wednesday, 04 September 2013 11:00 -



The [Phoenix Suns](#) Podcast takes it to 11 as training camp is rapidly approaching and we are on the heels of the beginning to the 2013-2014 NBA season.

In part one of the podcast we invite royalty to the show in Greg Wissinger to take a look at his [Sacramento Kings](#)

. For the past few seasons the Kings and the Suns have been at the bottom of the standings in the Western Conference. The Kings have a new look, some unique challenges, and boast a player that the Suns fans were hoping for on draft night;

[Ben McLemore](#)

Check out what Greg and I think about the Kings this upcoming year: [Phoenix Suns Podcast Episode 36 w/Greg Wissinger](#)

More: [Frye medically cleared to play](#)

Then in part two, my apologies to Greg, but the guest that all the Bright Siders are looking to hear from, [Channing Frye](#) joins the show. He gives BSOTS an exclusive update on his medical prognosis, status, and a peak into what his life has been like the past 12-15 months. On top of that there is some playful banter on the ASU-Arizona rivalry, the [Mic](#)

[hael Beasley](#)

situation, and much, much more...

Check out our conversation with Channing Frye: [Phoenix Suns Podcast Episode 36 with Channing Frye](#)

Sidebar: What do you think the name of the podcast should be? Right now we are

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nameless and basically describe what we do as a title... Thoughts? Post in the comments